

SAGE Eldercare is a 501(c)(3) nonprofit organization.
Engage SAGE is a publication for SAGE's friends and supporters.

Supporting Seniors, Transforming Lives

SAGE IS MAKING A LASTING IMPACT
IN OUR COMMUNITIES

Dear Friends,



I hope this newsletter finds you well. As the Executive Director of SAGE Eldercare, I want to express my deep gratitude for your ongoing support. Your generosity greatly impacts the seniors we serve. Through your compassion, we've been able to provide essential assistance to

seniors aging at home:

- Spend-A-Day Medical Day Center provided **24,279 hours of service for 83 clients**
- HomeCare provided **14,400 hours of service to 42 clients**
- Meals on Wheels provided **over 22,000 meals to 164 neighbors**
- Grocery Shopping and Errands provided **155 trips for 21 participants**
- InfoCare fielded **215 eldercare support calls**, made **11 home visits** and **7 community presentations**

**All statistics January 2023 through June 2023*

Through your donations, we have been able to foster a nurturing environment that enhances the well-being of seniors, providing them with the resources they need to age comfortably at home. Jason Cantor left this review on Google: "Excellent program [that] takes really good care of my father. Everyone there is caring and supportive and I would highly recommend them to anyone who needs to place a family member into senior care."



With rising healthcare costs and an increasing senior population, your support is crucial. Only 70% of our clinical care costs are reimbursed, leaving a 30% gap in expenses. The majority of our clients receive some form of financial support from various sources. Your contribution matters. Vivian Noir III told us, "My Mom's mental health has improved so much since going [to Spend-A-Day] for the last six months." This is where your incredible support is vital. Every donation makes it possible to provide our services to those in need.

Please consider donating to our Annual Fund. We've raised almost \$140,000 toward our \$430,000 goal, but we need \$160,000 by November. Your donation will make an immediate difference, transforming countless seniors' lives. Visit sageeldercare.org to donate. Together, we can create a lasting impact, transforming the lives of seniors for the better.

Once again, thank you for your remarkable dedication and commitment to our cause. Your support is a beacon of hope for seniors in our community, reminding them that they are valued.

With deepest gratitude,



Galina Muller
Executive Director, SAGE Eldercare


Leaving Behind a Legacy

Legacy giving, also known as planned giving, offers a profound and lasting way to enhance the lives of seniors. By including SAGE in your estate planning, you ensure that your values and compassion continue to make a difference long into the future for seniors in our community.

One of the key benefits of legacy giving is the opportunity to create a legacy that aligns with your philanthropic goals. By designating a portion of your estate to SAGE, you contribute to the sustainability of essential programs and services, ranging from home care and adult medical day care to meal deliveries and companionship for seniors. Moreover, legacy giving can provide financial benefits. It may lead to potential tax advantages for your estate and heirs, allowing you to optimize your financial plans while supporting a cause dear to your heart. Through legacy giving, you become part of a community of individuals who share a commitment to seniors' well-being. Your enduring contribution empowers SAGE to continue our vital work, ensuring that seniors receive the care, support and respect they deserve.



Legacy giving makes a difference... call us today to learn more!

 To learn more about planned giving and to discuss your options, give us a call at 908-598-5504 to schedule a meeting at your convenience in your home.

PROGRAM SPOTLIGHT: MEALS ON WHEELS

Meals on Wheels Delivers with Compassion

SAGE's Meals on Wheels program is designed to deliver delicious and nutritious meals to seniors who are isolated and in need of them. Robert Morgan, a courageous military veteran, is one such senior receiving these meals. A year ago, after a hospital stay, Robert found himself unable to obtain a balanced meal and would often have a hotdog and coke for his dinner. "I found myself disoriented and unable to drive to the grocery store. This program is probably the reason I'm still alive," shared Robert.



(L to R): Chris Glacken, volunteer; Robert Morgan, recipient; and Terry Kaniuk, Volunteer Manager.

Fortunately, a caring friend signed him up for SAGE's Meals on Wheels program. "I didn't even know what the program was, but it has been a godsend receiving these meals." Beyond nutritious food, he has created meaningful connections with the compassionate volunteers who deliver his meals. Robert has expressed his appreciation towards SAGE and the meals he gets and has even referred the program to his friends. "I have already told my friends about the program."

SAGE's Meals on Wheels has made a profound difference for Robert, allowing him to eat healthy. His story is a testament to the remarkable impact that dedicated organizations and compassionate individuals can have in transforming lives within the community.

 If you are interested in volunteering to deliver Meals on Wheels, please call Terry Kaniuk, Volunteer Manager, at 908-598-5514. Individual or recurring assignments are available Monday through Friday between 11 am and 2 pm. If you know someone who is over 60 and would benefit from meal deliveries, please contact Terry for a referral.

Foundations' Generous Support Empowers Seniors through SAGE's Vital Programs



The Summit Foundation, a philanthropic organization, demonstrates its dedication to enhancing the lives of older adults by generously supporting SAGE's Spend-A-Day Medical Adult Day Center. This significant contribution reflects the foundation's mission to promote and sustain programs that foster the well-being and independence of seniors. The Spend-A-Day Medical Adult Day Center program is a vital service that provides older individuals with essential medical care and social engagement, enabling them to lead healthier and more fulfilling lives.



Watts Mountainside
Community Foundation

Generous funding from the Blanche M. and George L. Watts Mountainside Community Foundation empowers SAGE Eldercare to sustain and expand its vital GPS (Guidance Planning and Support) services for Mountainside residents. This grant aids vulnerable community members, often living alone, by providing essential assistance. The GPS program ensures their independence, quality of life and community connections. Ongoing support from the foundation creates a lasting impact on Mountainside's elderly population through SAGE Eldercare.

PROJECT SPOTLIGHT: RESTORATION WORKSHOP

Furniture Restoration Workshop Restores Family Treasure

SAGE's renown workshop recently restored Mr. Steven Rapkin's precious Adu Zatua, a wooden ancestor sculpture carved by the Nias people of Indonesia to honor the spirits of loved ones who have passed and who provide guidance. Every statue is different and serves a different purpose. Steven's Adu Zatua, acquired on a trip to Indonesia over 25 years ago, represents fertility and prosperity.



Ten years ago, Steven brought his Adu Zatua to SAGE for repairs due to weather damage caused by braving the harsh elements in his garden. "At that time," said Steven, "they put a support in the statue, doing a professional and lasting job." So when deciding where to fix his sculpture a second time, Steven was sure SAGE could get the job done.



Impressed with prior repairs by SAGE, Steven had complete faith in their restoration abilities for old or damaged furniture. When it was brought in this time, Steven's Adu Zatua was headless and had to be put together again. Bob, the workshop's manager, oversaw fixing the wooden sculpture by extending the central support and restructuring the head. Thanks to Bob's work, Steven's Adu Zatua is restored and back at its home in Hoboken.



Steven Rapkin and SAGE's workshop manager, Bob McNally with Steven's restored Adu Zatua.



If you need any workshop repairs, call 908-598-5531 for an estimate.



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Look inside or call 908-598-
5504 to learn more ways you
can make a gift to SAGE!

Remembering Fred Roessle



With heavy hearts, we share the news of the passing of Frederick A. Roessle, a cherished member of our community and former Board President from 2000-2001. His legacy is one of unwavering commitment and service.

A longtime resident of Summit, he and his wife, Ruth, embarked on a journey of volunteerism with SAGE in their retirement years. Ruth's Meals on Wheels deliveries and her involvement with Spend-A-Day participants were reflections of their shared dedication. Fred joined the SAGE Board of Trustees. His pivotal role as Finance Committee Chair within the New Horizon's New Building Task Force contributed profoundly to the establishment of our cherished location at 290 Broad Street in Summit.

The SAGE family stands in perpetual gratitude for Fred and Ruth's enduring support and boundless devotion throughout the years. In commemorating Fred Roessle, we celebrate a life that shaped our organization and community in profound ways.

Date Change

We have decided to reschedule our previously planned event to coincide with the celebration of SAGE's 70th Anniversary. The event originally planned for October 26, 2023 will now be held on **May 16, 2024, at Baltusrol Golf Club**. We hope to have you join the celebration of SAGE's longstanding commitment to enhancing the quality of life of older adults in our community.



On behalf of the staff and trustees of SAGE Eldercare and the seniors we serve, thank you for your support of our mission and programs. We look forward to celebrating with you in the Spring of 2024.