

Meet Our New Social Worker - Katie Kovar



Katie is a New Jersey-licensed social worker with a masters degree from the University of Maryland and bachelors degree in counseling and human services from The University of Scranton.

She joined SAGE last month after working with patients at JFK Medical Center in Edison.

Whether you need assistance caring for a loved one with dementia, need help finding a support group, or need to know where and how to start the process of caring for an older adult, Katie is here to help.

SAGE provides InfoCare services to give you the referrals and tools you need to support yourself and your loved one. Call Katie at 908-598-5540 for help with:

- Navigating community resources
 - The psychological issues related to aging
 - The demands of being a caregiver
 - Senior living options
 - Home care
 - Entitlements
 - Legal issues
 - Support groups for adult caregivers and children of someone struggling with dementia or another cognitive or physical challenge
 - Educational programs dealing with the unique challenges older adults face
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Another Customer Satisfied!

We love receiving customer feedback for the work done in our Furniture Restoration Workshop. Prim from Short Hills had this to say:

"I am so grateful to the volunteers who refinished my little table to its original beauty. My late husband bought this well-crafted table from Bloomingdales' NYC store decades ago and it became a special place to store important documents, memorabilia, pictures, and other things we wanted to keep in our library."

"It got water damage on top and sun damage on the sides over the years. The volunteers at Sage Elder Care completely restored it at a reasonable cost. I love how the piece turned out and plan to keep it for many more years. Thank you to the volunteers who contributed their skills, time, and talent to this project. It was a pleasure to work with Bob, the shop manager and visit the workshop."

If you need any furniture restoration or repair call us at 908-598-5531.



Your support helps seniors in our community!

The need for our services is greater than ever as the population continues to age. But only a portion of our programs are covered by insurance or government



assistance, and others are free of charge.

You have a variety of choices for making a donation. Recurring contributions are available weekly, monthly, or quarterly. Please scan the QR code to reach our donation page or call 908-598-5504 to make a pledge.

If you are over 70, you can request a qualified charitable distribution from your IRA to help manage your total taxable income for 2022.

Seeking volunteers to help with our mission.

Annually, more than 300 volunteers help SAGE fulfill its mission. They have discovered how rewarding it is to make a difference in the lives of older adults in our community! To learn more about ways you can help us, from administrative assistance to event planning committees, email AStuart@SageEldercare.org. Flexible hours any day of the week are available.



THANK YOU to all our current volunteers who support us in our mission to help older adults remain living in their own homes.

Let SAGE handle your grocery shopping!



Our Grocery Shopping Service is offered weekly for individuals age 60+ or disabled and unable to shop for themselves. A grocery list and a check will be picked up at the client's home and then a volunteer will do the shopping and bring the order directly to the client. Our volunteers can also bring the groceries inside and assist putting them away if needed. We also can provide errands, such as laundry drop off/pick up. If there is a specific service you need, please let us know, all requests are considered. Our dedicated volunteers provide our clients with not only a friendly smile but a

safety check as well. This service is available in Union County (Summit, New Providence, Berkeley Heights, Mountainside and Springfield), Essex County (Millburn and Short Hills) and Morris County (Chatham Borough and Township). Please call our office at 908-273-5554 for more information.



Keep Up With SAGE News...

If you missed our last newsletter, click the pic at left to see what we've been up to.

Donate Here

Sage Eldercare | 908-273-5550 | www.sageeldercare.org

